



# SEFEL PYRAMID MODEL Newsletter

January 2019

## SEFEL Pyramid Model in Maryland

**University of Maryland PIEC staff are scheduled to provide the following Pyramid Model trainings and coaching sessions around the state this month:**

### Trainings

- Kent County Infants & Toddlers Program, Infant & Toddler Training, *January 2nd-3rd*
- Harford County Public Schools, Preschool Classroom Training, *January 9th*
- Howard County Public Schools, Preschool Classroom Training, *January 23rd*

### Coaching Sessions

- Montgomery County Infants & Toddlers Program, *January 15th*
- Harford County Public Schools, *January 22nd*
- Cecil County Infants & Toddlers Program, *January 29th*

*Email [PIEC@ssw.umaryland.edu](mailto:PIEC@ssw.umaryland.edu) to have any trainings or coaching activities that you are doing added to this section of the newsletter.*

**New Version of the Pyramid Model  
Preschool Online Training is Launching!**

**LAUNCH DATE:**

**Monday, January 28th, 2019**

Please note: All of our trainings are being moved to a brand new Learning Management System. If you've begun any trainings but have not completed them, we encourage you to finish as soon as possible as the trainings and user data will no longer be available on the current website by close of business on **Friday, January 25<sup>th</sup>, 2018.**

We will follow up shortly with detailed information on how to access the trainings on the new platform. Please contact our HelpDesk for more information or concerns: [theinstitutehelp@ssw.umaryland.edu](mailto:theinstitutehelp@ssw.umaryland.edu).

## Resource for Families



### Our Boxes

Bedtime in a Box is a creative but simple solution that supports the health and educational development of children prior to entering school by providing families with the materials, tools, and training they need to enact a comprehensive bedtime...

[Read more](http://bedtimeinabox.org)  
[bedtimeinabox.org](http://bedtimeinabox.org)

### [Bedtime in a Box Informational Flyer](#)

## Professional Development

### NHSA Initiative: A Year of Whole Health



## A Year of Whole Health

Each month during the Year of Whole Health, NHSA is sharing resources, webinars, and other tools dedicated to supporting a specific area of health that is important to the Head Start field.

[Read more](http://www.nhsa.org)  
[www.nhsa.org](http://www.nhsa.org)

## Webinar: Inclusive ECE Programs & Educator EQ: Strategies for Developing Teachers' Emotional Intelligence

In this [webinar](#), presented by [Dr. Kristie Pretti-Frontczak](#), we'll explore the role Emotional Intelligence plays in forming strong relationships with children with diverse abilities. Specifically, we'll explore five practical strategies for raising the EQ of those desiring more inclusive and blended practices.

Join this session to:

- Come to understand why EQ matters and the key skills associated with a strong EQ,
- Become more aware of their own EQ and how strong EQ will allow them to better respond to children's diverse needs,
- Revise their own mindset around inclusive early care and education,
- Express why strengthening EQ is a value of early care and education,
- Learn how to co-create and make sense/meaning from information shared.

**January 31, 2019**  
**2:00 pm Eastern Time**  
[Click Here to Register](#)

Breaking Down the Coaching Barriers



## Breaking Down the Coaching Barriers

Vicki Collet, Assistant Professor at the University of Arkansas, Fayetteville, shares her techniques for working with reluctant teachers by breaking down coaching barriers to create buoyant coaching partnerships. A s I talk with coaches around...

[Read more](#)

[blog.teachboost.com](http://blog.teachboost.com)

## Strategies Corner

### Supporting Children with Challenging Behaviors and Mental Health Needs



### Supporting Children with Challenging Behaviors and...

This blog post is part of NHSA's initiative, the Year of Whole Health . An estimated 1 in 5



children experience a mental disorder in the United States each year. This is a critical public health concern that impacts healthy outcomes for children...

[Read more](#)  
medium.com

## Blog Post: Social Emotional Learning and Relevancy



### Teaching Strategies Blog - Teaching Strategies

The overlap between social-emotional learning and children's approaches to learning is important not only in the context of schooling, but later in life as well.

[Read more](#)  
blog.teachingstrategies.com

## How to Support Children's Approaches to Learning? Play with Them!



### **How to Support Children's Approaches to Learning? Play...**

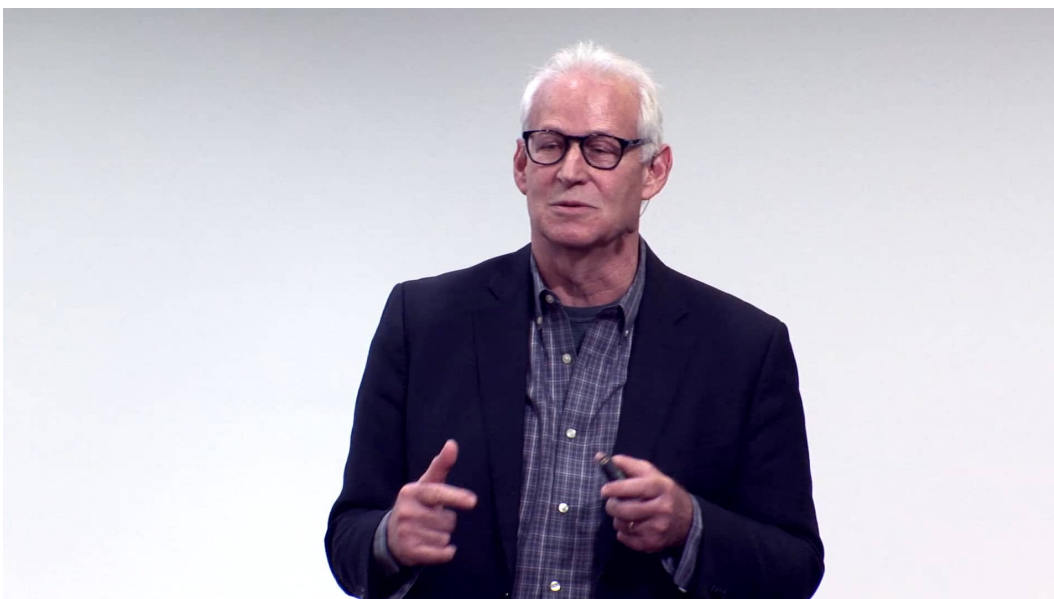
Curiosity about the world, initiative and problem solving, and focused attention and persistence are just a few approaches to learning that children develop through play.

[Read more](#)

[www.naeyc.org](http://www.naeyc.org)

## **Early Childhood News**

### **Early Futures - New Science, New Measures, New Partners A Game-Changing Formula for Impact at Scale**



### **Early Futures - New Science, New Measures, New Partners...**

Dr. Jack Shonkoff, Director of Center on the Developing Child at Harvard University presents New Science, New Measures, New Partners A Game-Changing Formula for

[Read more](#)  
vimeo.com

## Former Alabama Pre-K Students Score Better in Reading and Math



### Former Alabama Pre-K students score better in reading, math

A newly released study shows that Alabama students who attend the state's First Class Pre-K program are more likely to be proficient in reading and math in later grades. The Alabama Department of Early Childhood Education released the results of...

[Read more](#)  
www.al.com

Disappointment can be good for kids. Here's how parents can help them approach it:





### Perspective | Disappointment can be good for kids....

December 13, 2018 "Mister was good this morning," my husband writes in a lunchtime email. "He was upset when I told him no TV, but he got over it when I said it was time for food. He got upset again because he wasn't allowed to have chocolate,..."

[Read more](#)

[www.washingtonpost.com](http://www.washingtonpost.com)

## Additional Health and Wellness Resources

### Webinars

- Teachable Moments for Personal Safety: Doing Right by Young Children in Early Childhood Programs. January 16, 2:00-3:00 PM Eastern  
<https://www.earlychildhoodwebinars.com/presentations/teachable-moments-for-personal-safety-doing-right-by-young-children-in-early-childhood-programs-by-amy-tiemann-and-irene-van-der-zande/>
- Bullying in ECE: What we need to know to make a difference. January 23, 2:00-3:00 PM Eastern. <https://www.earlychildhoodwebinars.com/presentations/bullying-in-ece-what-we-need-to-know-to-make-a-difference-by-barbara-kaiser/>
- If Inclusion Is What You Want, Strategies for Raising the EQ of Early Educators Is What You Need. January 31, 2:00-3:00 PM Eastern  
<https://www.earlychildhoodwebinars.com/presentations/if-inclusion-is-what-you-want-strategies-for-raising-the-eq-of-early-educators-is-what-you-need-by-kristie-pretti-frontczak>
- Autonomy Support: A New Approach to Managing Challenging Behavior, February 6, 2:00 PM Eastern <https://www.earlychildhoodwebinars.com/presentations/autonomy-support-a-new-approach-to-managing-challenging-behavior-by-ellen-galinsky-and-erin-ramsey/>

### Mental Health and Wellness/Social-Emotional Development

- Over There Downloadable book for a young child separated from a military parent because of deployment <https://www.zerotothree.org/resources/425-over-there-activity-book>



- Using Medicaid to Ensure the Healthy Social and Emotional Development of Infants and Toddlers archived webinar <https://ccf.georgetown.edu/2018/11/21/using-medicaid-to-ensure-the-healthy-social-and-emotional-development-of-infants-and-toddlers>
- Promoting Emotional Intelligence in preschool education: A review of programs <https://www.um.edu.mt/library/oar/handle/123456789/36464>
- Scaling Up and Sustaining Evidence-Based Practices for Young Children with Challenging Behavior <https://journals.sagepub.com/stock/default+domain/10.1177/1096250616674333/full>
- Why Advocates Should Elevate the Importance of Social and Emotional Development for Young Children <https://ccf.georgetown.edu/wp-content/uploads/2018/11/Development-for-Young-Children-11-26-rev.pdf>

**Share your ideas or questions with us!**



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<https://theinstitute.umaryland.edu/sefel/>